



45th Anniversary

Regata del Sol al Sol Newsletter

March 2013

It's T-minus one month and counting down to the start of the 45th Regata del Sol al Sol. Get your entry in while there is still time to plan and prepare for this great adventure! The Entry fee deadlines are outlined below and include \$275 Mexican government fees and customs charges, transponder rental, six regatta shirts and six regatta event tickets. An additional \$30 (subject to change) Immigration Tourist Visa Fee per crew member must be paid for each person entering Mexico by boat.



\$1100 March 2nd through April 7th 2013
Final entry deadline is April 7, 2012
No Entries will be accepted after this date.



Christopher G. Nelson, Jr., MD
Diseases and Surgery of the Skin



Schedule of Activities:

- ♦ Registration - April 25th 1000-1800
- ♦ Seminars – Ongoing throughout the day of registration and will include the loop current, safety at sea, relevant weather forecasts, tips on preventing sun damage; and life raft maintenance and utilization. All skippers are encouraged to attend these seminars or to ensure that a crew member attends. There is a wealth of information in these seminars that will add to the overall success of your Regata del Sol al Sol adventure.
- ♦ Island activities will include the ever-popular Golf Cart poker run, some terrific parties, the basketball game and the awards ceremony.



LIVE THE HISTORY AND BE THERE!!



Gear Design and Eng.
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Announcement provided by the SPYC Power Squadron:

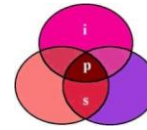
March 12th, 2013

LNM SPECIAL NOTICE

U.S. COAST GUARD MEDIUM FREQUENCY (MF) DISTRESS WATCHKEEPING

Mariners are advised that calls to the U.S. Coast Guard on the international radiotelephone distress frequency 2182 kHz or the Digital Selective Calling (DSC) frequency 2187.5 kHz may not be heard or may be severely degraded. Instead of using 2182 kHz for distress calls, mariners should use high frequency (HF) radiotelephone or DSC in the 4, 6, 8, and 12 MHz distress or calling bands. Additional information concerning U.S. Coast Guard HF watch keeping is posted on the U.S. Coast Guard's Navigation Center website at:

<http://www.navcen.uscg.gov/?pageName=cgcommsCall>



Message from the Chairman:

The message above is important for information for all vessels venturing out on the open water, but in particular to our Competitors for this Regatta. Those of you using single-side band please pay attention to the Frequencies that should be used.



To All on This Mailing List:

As stated if you are planning to enter please do so very soon. We want to get everyone's order for their shirts just after the entry deadline. Also, there is important information being e-mailed to the competitors that have already signed up that is geared toward each vessels entry into Mexico.

Come have fun with us on the very Beautiful Island Of Isla Mujeres

Family, friends, and interested parties should be sure to make room reservations from our website. If you have any questions please direct your inquiry to the Chairman at

Chairman@regatadelsolalsol.org

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